

2010 SWIM LESSONS @ Palmyra High School

AGES 5+ * Must be able to place face underwater *

FEE: (\$50. per person) (\$60. non PASD resident)

Register by March 17, 2010

CHILD'S NAME: _____ GRADE _____

STREET ADDRESS: _____

CITY/ZIP CODE: _____

E-MAIL: _____ HOME PHONE: _____

Name of parents: _____ Cell #: _____

_____ Cell #: _____

Pertinent allergies/health problems: _____

Health Insurance Provider: _____

I confirm that my child is medically fit to take part in this activity Y _____ N _____

Our family resides in:

North Londonderry South Londonderry Palmyra Boro Other

Permission given for photos to be taken/used in Recreation publicity Y _____ N _____

Level 1 & 2 6:00 – 6:30 _____

Intro to Water Skills * Fundamental/Aquatic Skills * Water Safety Skills

Level 3 6:40 – 7:10 _____

Stroke development * Aquatic & Water Safety Skills

Level 4 & 5 7:20 – 7:50 _____

Stroke Improvement * Water Safety Skills

Swim Lessons done in junction with Palmyra Aquatics Club.

Amt Rec. \$ _____ Cash _____ Check (CK # _____) _____ Money Order